



**AppHealthCare**  
Caring for our Community

Kids HAVE A  
**SPOT**  
TO TAKE THEIR  
**SHOT.**

# Watauga COVID-19 Situation Update

February 11th, 2022

## COVID-19 Updates & Important Points

### COVID-19 Data At-A-Glance

Additional information about each measure can be found in this report.

Watauga New Cases (Feb 3-Feb 9)	Watauga Positivity Rate (Jan 30-Feb 5)	Watauga COVID-19 Deaths (To date)	Current Regional Hospitalizations (As of 2/10/22)	Watauga Percent Vaccinated w/ 2 Doses or One Dose of J&J (As of 2/10/22)
305	18.4%	55	Decreased	60%

We are still experiencing high levels of COVID-19 circulating in our communities. We have the tools to protect ourselves and our families and reduce the spread of COVID-19.

### Protect Yourself & Others

**Vaccinate and Boost:** Get vaccinated now, including a COVID-19 booster as soon as you are eligible. This is particularly critical for those over age 65, those with underlying medical conditions and healthcare workers. The Moderna and Pfizer COVID-19 vaccines are the best choice for most people.

**Test:** Get a COVID-19 test before joining indoor gatherings with others who are not in your household and before and after traveling, regardless of your vaccine status. Get tested if you have any symptoms of COVID-19 or have been exposed to someone with COVID-19.

**Mask:** Wear a mask indoors in public while we have high transmission as we do today, even if you are vaccinated.

Additional information: [NC DHHS](#)

On February 10<sup>th</sup>, [NC DHHS announced updates to the StrongSchoolsNC toolkit](#) for K-12 schools to focus on the most effective strategies to keep students in school and recommends students only be excluded from school when they are sick or test positive for COVID-19. Similar updates will be made for childcare settings. Updates for both toolkits will go into effect Feb. 21, 2022.

For more information about COVID-19 vaccines and testing, visit [www.AppHealthCare.com](http://www.AppHealthCare.com) or call our COVID-19 Call Center at (828) 795-1970.

### Protect Yourself and Others

#### If you test positive for COVID-19:



Limit contact with others for **5 days**

#### THEN



Wear a mask for an **additional 5 days**

#### If you test positive for COVID-19 and have symptoms:



Limit contact with others until you are **fever-free** and your symptoms are **improving**  
(This should be at least 5 days since your symptoms began.)

#### THEN



You should wear a mask until it has been a total of **10 days** after your symptoms began

#### If you are exposed to COVID-19:



Limit contact with others for **5 days**

#### THEN



Wear a mask for an **additional 5 days**

#### UNLESS



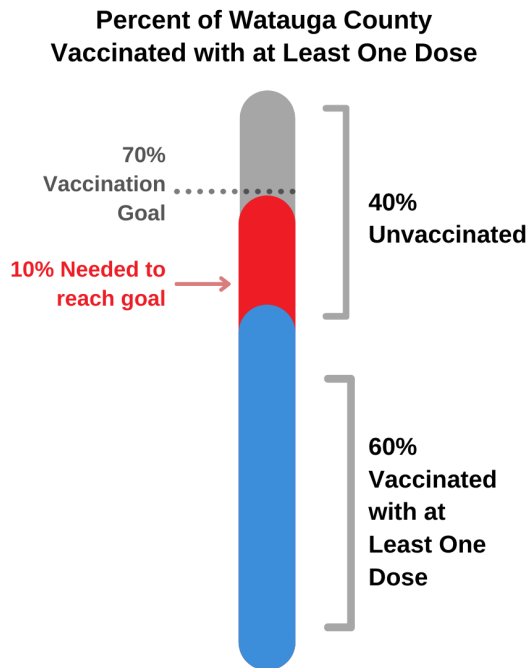
If you are **up-to-date** on vaccines - including boosters if eligible **OR** have tested positive in the last 90 days **THEN** wear a mask for **10 days**.



**Always** wear a mask in public places **indoors**

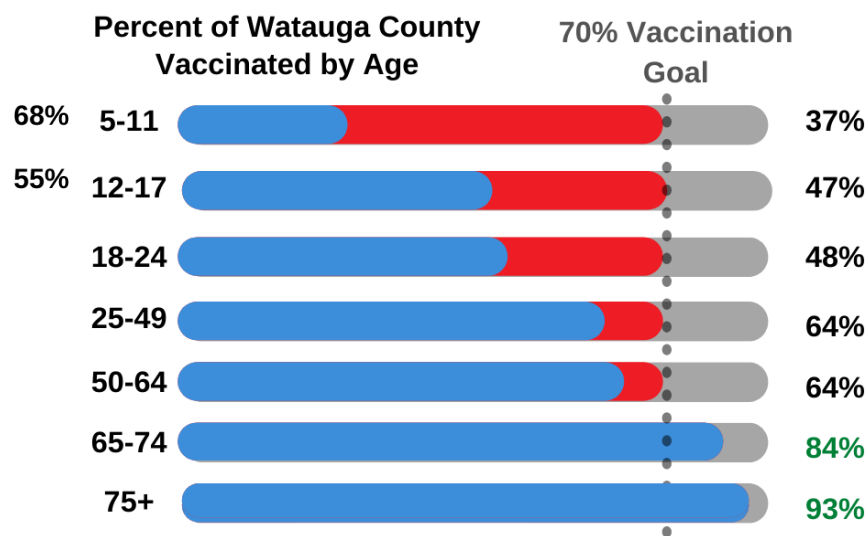
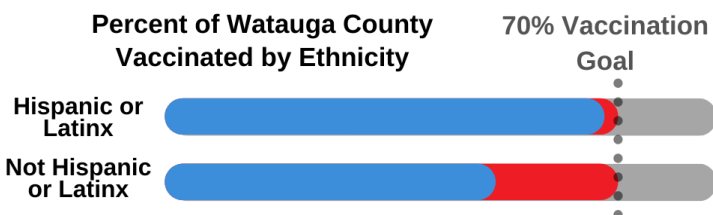
# COVID-19 Watauga County Vaccination Updates

County-specific race, ethnicity and age data are from the [NCDHHS COVID-19 Vaccination Dashboard](#).  
 - (All vaccine demographic data are current as of 2/10/2022 at 12:00pm).



**23,966**  
 Vaccines Administered by  
 AppHealthCare in Watauga  
 County  
 as of 2/10/2022.

Percent of Population by Race Vaccinated with at Least One Dose	
American Indian or Alaskan Native	0%
Asian	0%
Black or African American	48%
Native Hawaiian or Other Pacific Islander	0%
Other	61%
White	54%



# North Carolina COVID-19 Updates

## North Carolina State Synopsis

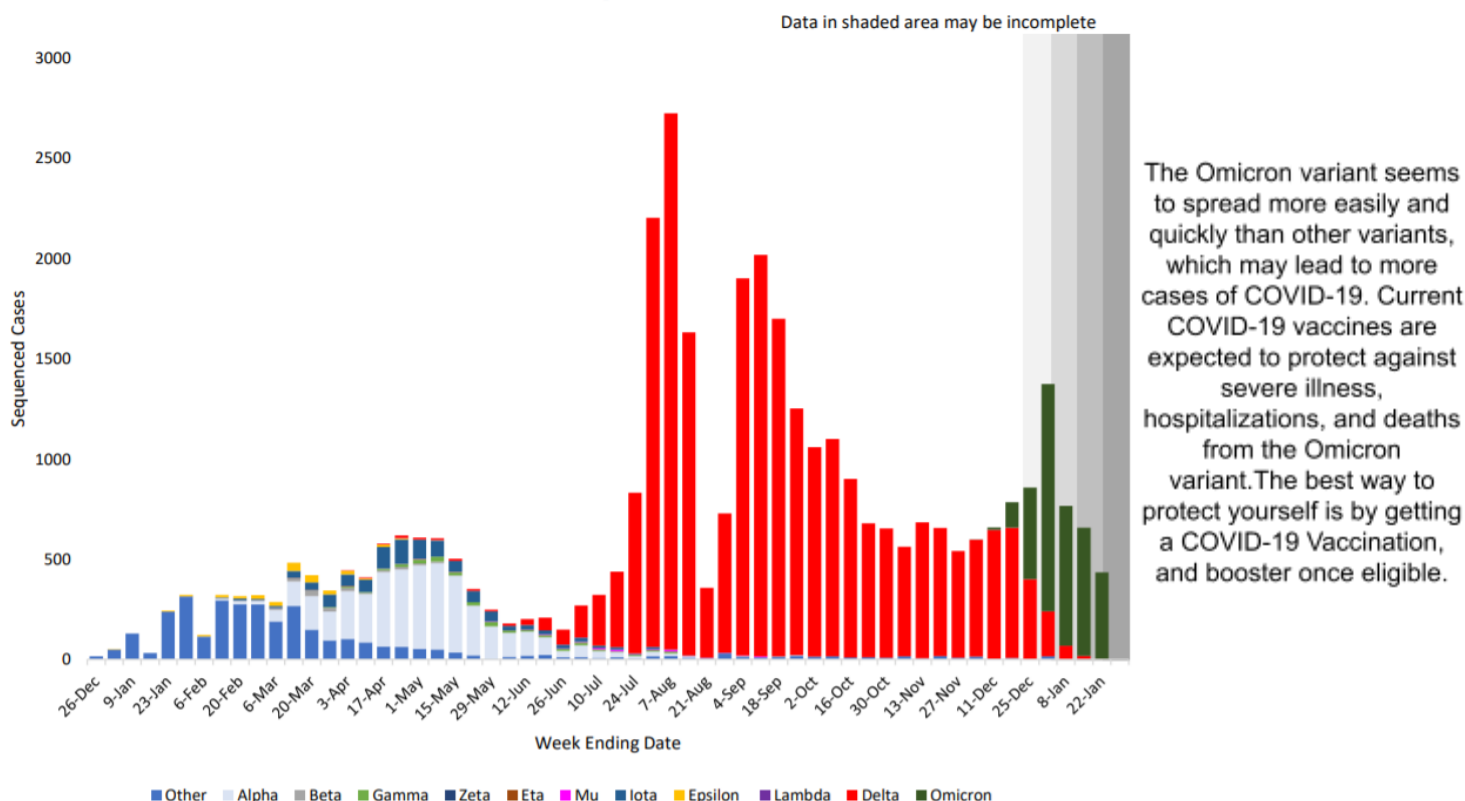
Data is from [COVID-19 State Profile Report](#), provided by White House COVID-19 Team, Joint Coordination Cell, Data Strategy and Execution Workgroup - (All data is current as of 2/4/2021)

	LAST WEEK	CHANGE FROM PREVIOUS WEEK
RATE OF NEW COVID-19 CASES PER 100,000	1,007	-30%
NUCLEIC ACID AMPLIFICATION TEST (NAAT) POSITIVITY RATE	25.9%	-7.6%
NEW CONFIRMED COVID-19 HOSPITAL ADMISSIONS / 100 BEDS	17.2	-15%
RATE OF NEW COVID-19 DEATHS PER 100,000	4.9	+129%
COMMUNITY TRANSMISSION LEVEL	<b>HIGH TRANSMISSION</b>	
PEOPLE RECEIVED AT LEAST 1 DOSE	8,518,947 people	81.2% of total pop.
PEOPLE 5-11 RECEIVED AT LEAST 1 DOSE	252,609 people	28.3% of 5-11 pop.
PEOPLE 12+ RECEIVED AT LEAST 1 DOSE	8,264,861 people	92.0% of 12+ pop.
PEOPLE FULLY VACCINATED	6,147,064 people	58.6% of total pop.
PEOPLE 12+ FULLY VACCINATED	5,973,580 people	66.5% of 12+ pop.
PEOPLE 65+ RECEIVED BOOSTER	567,236 people	37.9% of fully vaccinated 65+ pop.

## COVID-19 Variants Detected in North Carolina by Week

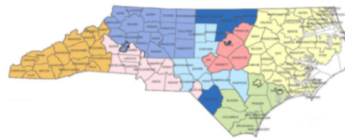
Data is from [North Carolina Department of Health and Human Services' COVID-19 Surveillance Study](#). (Data is current as of 2/10/2022 at 4:00pm)

What COVID-19 variants are being detected in North Carolina?



## Regional COVID-19 Hospitalization Data

The hospitalization data reflected includes Watauga County. All hospitalization data is from [NCDHHS' Hospitalization Data Dashboard](#). (All data is current as of 2/10/2022 at 2:00 pm)



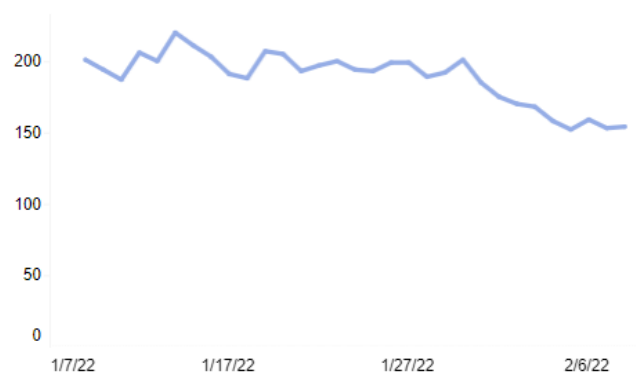
CapRAC - Capital Region Healthcare Preparedness Coalition  
DHPC - Duke Healthcare Preparedness Coalition  
EHPC - Eastern Healthcare Preparedness Coalition  
MAHPC - Mountain Area Healthcare Preparedness Coalition  
MCRHC - Mid Carolina Regional Healthcare Coalition  
MHPC - Metrolina Healthcare Preparedness Coalition  
SHPR - Southeastern Healthcare Preparedness Region  
THPC - Triad Healthcare Preparedness Coalition

**Currently Hospitalized  
COVID-19 Patients in  
Triad Health  
Preparedness Coalition  
Region (THPC)**



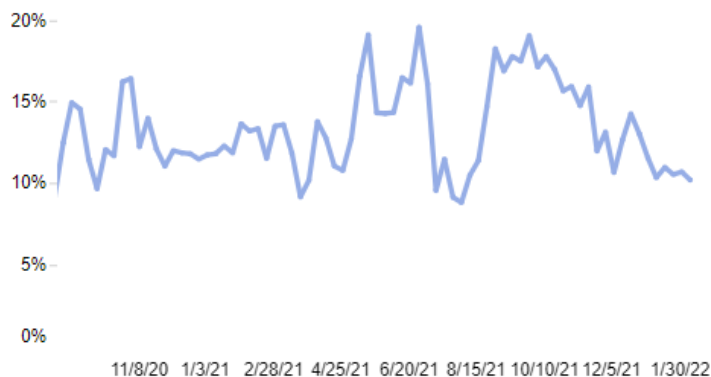
**863**  
**Currently  
COVID-19  
hospitalized  
patients as of  
2/8/22**

**Number of COVID-19  
Adult ICU Patients in  
THPC**



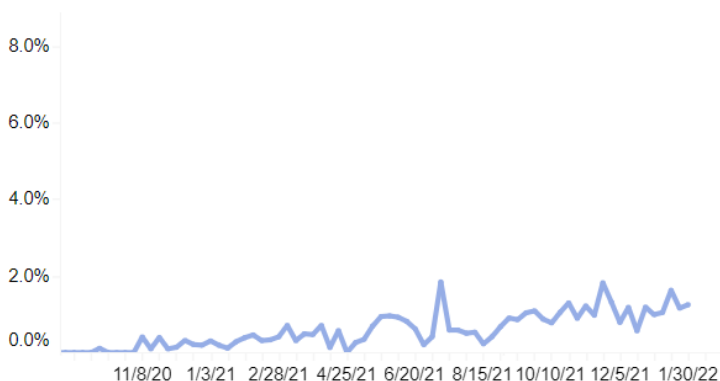
**154**  
**Current COVID-19  
adult ICU patients  
as of 2/8/22**

**Weekly COVID-19  
Hospital Severity  
Trend: Percent of  
Patients on a Ventilator  
in THPC**



**10%**  
**Of currently  
hospitalized  
COVID-19 patients  
on a ventilator as  
of 2/6/22**

**Weekly COVID-19  
Hospital Severity  
Trend: Percent of  
Pediatric  
Hospitalizations in  
THPC**

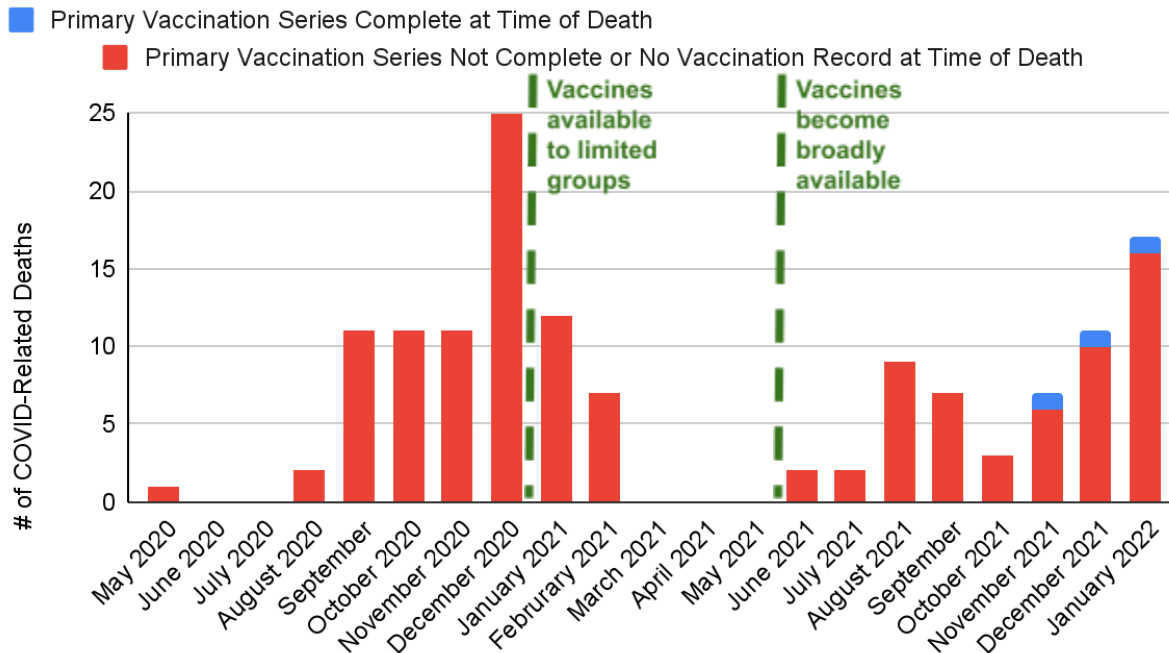


**1.2%**  
**Of currently  
hospitalized  
COVID-19  
patients are  
pediatric as of  
2/6/22**

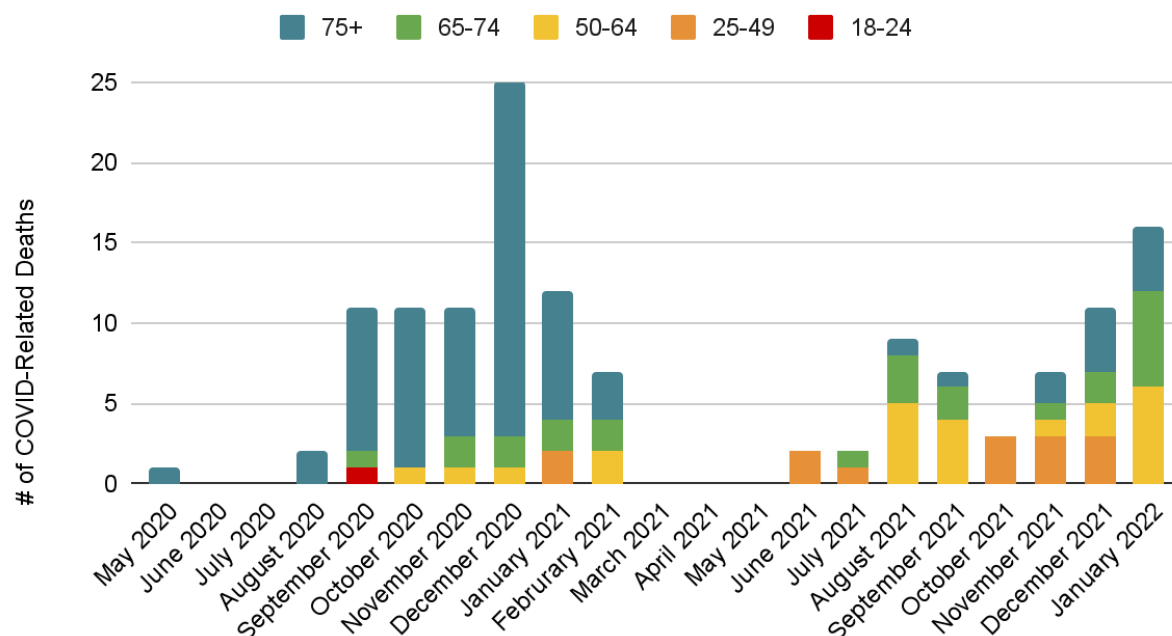
# Monthly COVID-Related Deaths in the Appalachian District

The data reflected includes COVID-19 related deaths for residents of Alleghany, Ashe and Watauga counties combined. Data is collected from hospital reports (*All data is current as of 2/4/2022 at 9:00 am*)

## COVID-19 Related Deaths Over Time in Appalachian District Residents

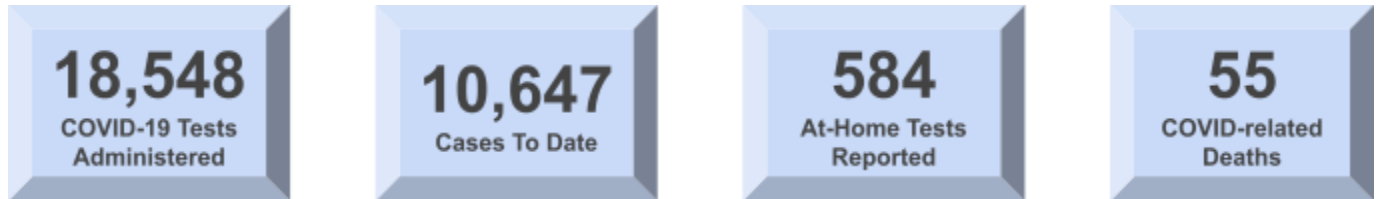


## COVID-19 Related Deaths in Appalachian District Residents by Age



# Watauga County COVID-19 Case Updates

Cases to Date in **Watauga County**: (All data is current as of 2/10/2022 at 9:00 am- Cumulative case counts may decrease or fluctuate due to ongoing reconciliation of data sets and elimination of duplicate data.)

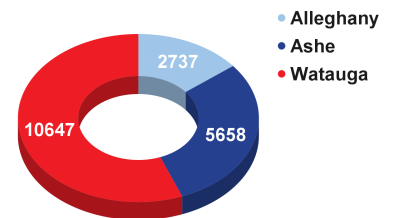


## Active Clusters and Outbreaks in Watauga County

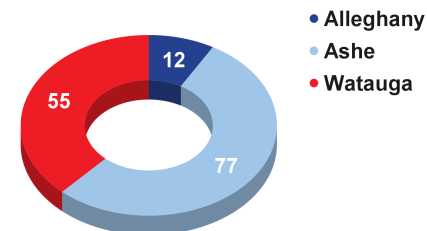
The current cluster and outbreak information for congregate living, childcare and educational settings in our district can be viewed at the [NC DHHS Cluster and Outbreak reports](#). An outbreak is defined as two or more laboratory confirmed cases within a 28 day period in a congregate living setting. A cluster is defined as a minimum of five cases within a 14-day period and plausible epidemiologic linkage between cases. An outbreak or cluster is considered active until 28 days have passed with no newly identified cases.

[Click here to view COVID-19 case and trend distribution by demographic groups for Watauga County.](#)

## Positive Cases

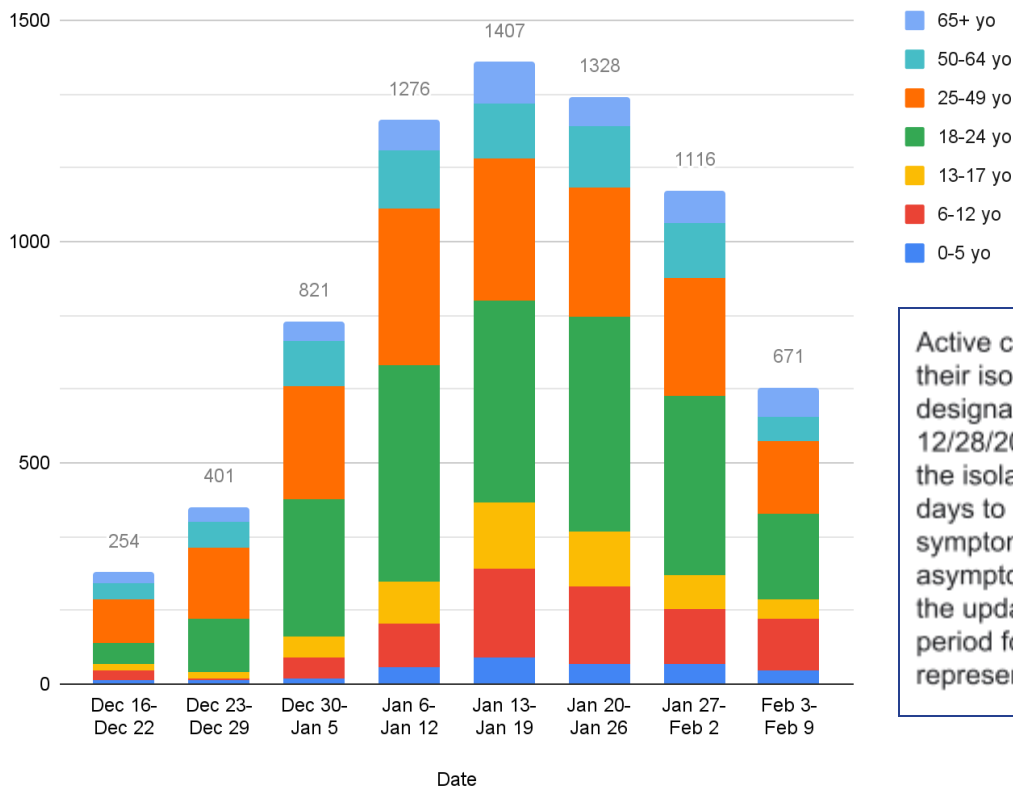


## COVID-19 Deaths



## Active Cases/Week Broken Down by Age Group

Watauga County



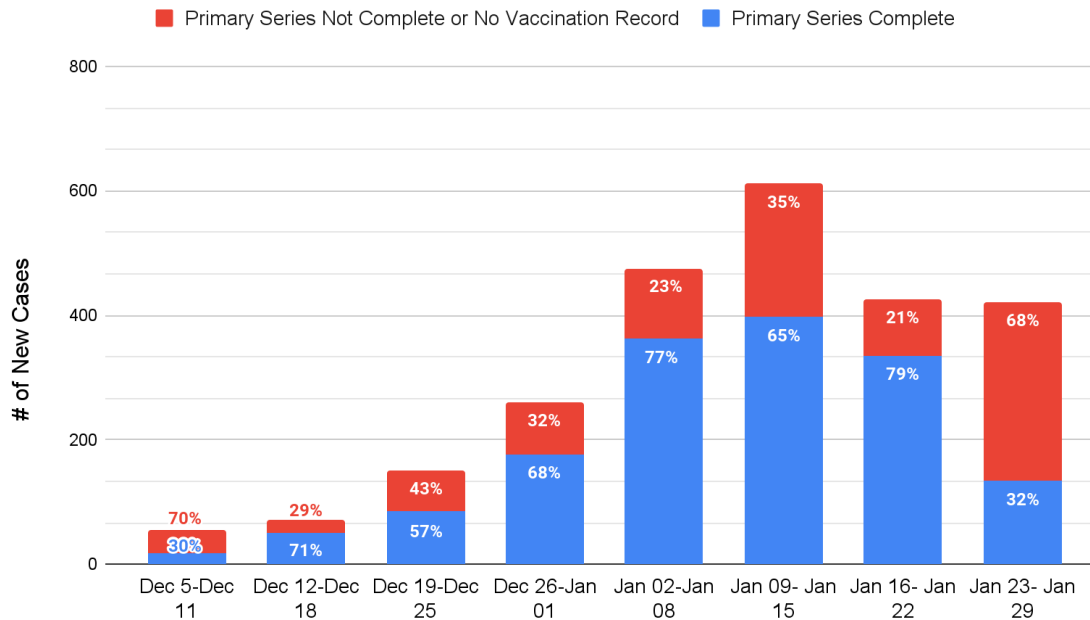
Active cases include those in their isolation period within the designated time frame. On 12/28/2021 the CDC reduced the isolation period from 10 days to 5 days, starting from symptom onset, or test date if asymptomatic. The data reflects the updated 5-day isolation period for all date ranges represented.



# Watauga County COVID-19 Case Trends

## New Cases per Week by Vaccination Status

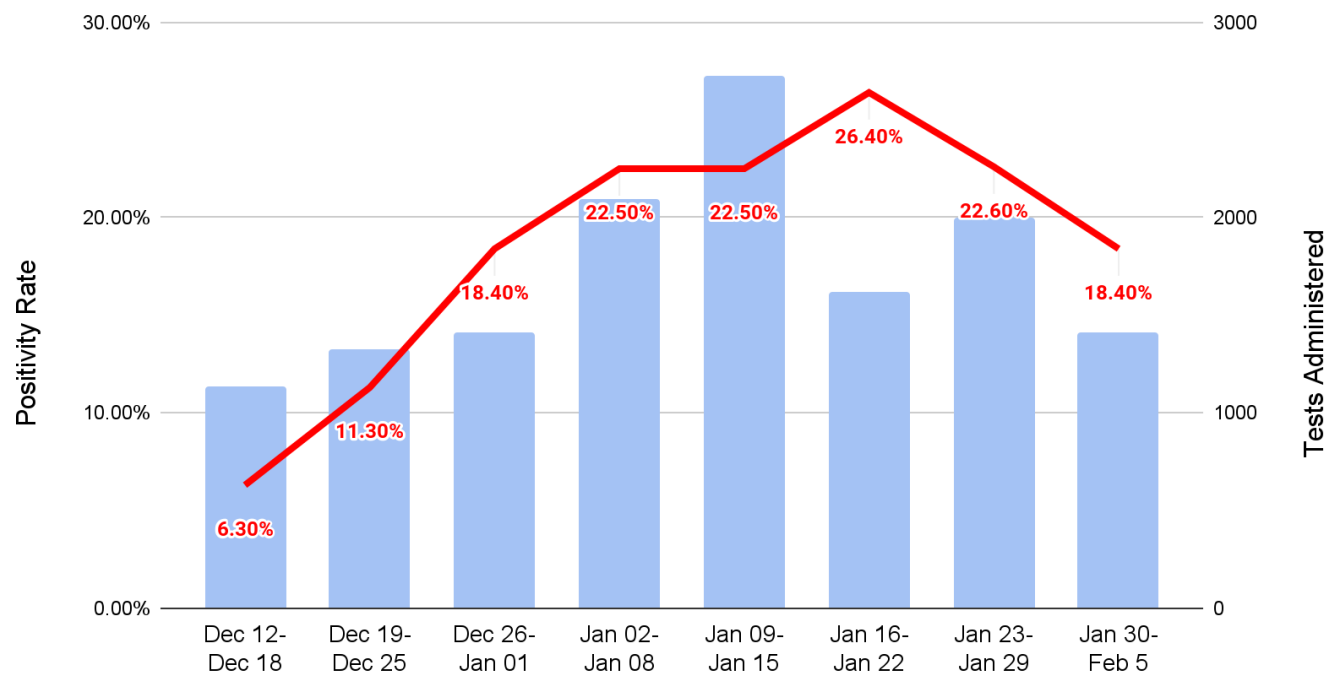
Watauga County



This figure shows the proportion of new cases who have completed at least their primary vaccination series at the time of infection. This means that they received their first dose in a single dose series or 2nd dose in a 2 dose series at least 14 days prior to infection. Cases who only have one dose of a two dose primary series, were vaccinated less than 2 weeks prior to illness, or who have no record of vaccination available are represented in red.

## Tests Administered Vs Positivity Rate

Watauga County



**Alleghany (336) 372-5641 | Ashe (336) 246-9449 | Watauga (828) 264-4995**

**AppHealthCare COVID-19 Call Center: (828) 795-1970**

**General COVID-19 Questions: [preparedness@apphealth.com](mailto:preparedness@apphealth.com)**

**Media inquiries: [media@apphealth.com](mailto:media@apphealth.com)**

**[www.AppHealthCare.com](http://www.AppHealthCare.com) and follow us on Facebook & Twitter**

