

Alleghany COVID-19 Situation Update

October 22nd, 2021

COVID-19 Updates

In areas with substantial and high transmission, the CDC recommends that everyone (including fully vaccinated individuals) wear a mask in public indoor settings to help prevent the spread of the Delta variant, and to protect others.

According to the Centers for Disease Control and Prevention, Alleghany County has a
 HIGH level of community transmission (right). Click here for North Carolina
 Department of Health and Human Services' County Alert System.

TESTING: AppHealthCare offers COVID-19 testing by drive-thru **Monday through Friday 8:30-10:00am** at each of our clinic locations. No appointment is needed.

ADDITIONAL DOSES: Based on CDC guidance, we are able to administer an additional dose of Pfizer or Moderna for individuals who are moderately to severely immunocompromised as recommended by the CDC. This is for individuals who have already received a 1st and 2nd dose of Pfizer or Moderna and who have a moderately or severely compromised immune system such as individuals who are undergoing cancer treatment, have had an organ transplant, are actively taking medications that suppress their immune system, have advanced or untreated HIV infection, or have another moderate or severe primary immunodeficiency condition. **Before receiving an additional dose, individuals will need to complete an attestation form stating they are eligible under the current criteria.**

BOOSTERS: Booster doses are now expanded and recommended for individuals who have received Moderna and Johnson & Johnson. The CDC recommends Pfizer and Moderna booster shots six months or more after completion of the initial series for individuals who are:

- 65 years and older
- Age 18+ who live in long-term care settings
- Age 18+ who have underlying medical conditions
- Age 18+ who work or live in high-risk settings

The CDC recommends Johnson & Johson booster shots for those who are 18 years and older and who were vaccinated two or more months ago. Based on CDC recommendations, individuals who are eligible for a booster vaccine may choose which vaccine they receive as a booster.

We hope to begin administering booster doses for Moderna and Johnson & Johnson on Monday, October 25th by appointment.

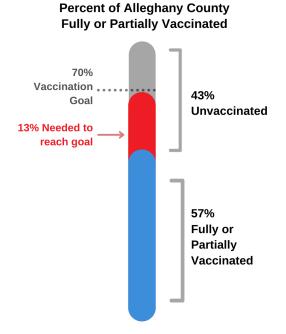
If you are interested in receiving a COVID-19 vaccination, or a booster and meet the criteria, you can schedule an appointment with us Monday through Friday by calling our COVID-19 Call Center at (828) 795-1970. AppHealthCare also offers COVID-19 vaccines by walk-in or appointment Monday through Friday for those completing the initial series. Walk-in hours for vaccines are 1:00-4:00pm. We have all three vaccines (Pfizer, Moderna, Johnson & Johnson) available at this time. Stay tuned for additional vaccine clinic opportunities offered by us and other community partners.

Get Vaccinated to Protect Yourself Against COVID-19 and Variants

- The vaccines continue to be highly effective in reducing risk of severe disease, hospitalization and death. If you are considering a booster and have a question about whether you should receive one, we encourage you to talk with your healthcare provider to make the best decision for your health.
- Get vaccinated to protect yourself against COVID-19 and variants.
 With the Delta variant, this is more urgent than ever. The highest spread of cases and severe outcomes is happening in places with low vaccination rates.
- If you get vaccinated, your risk of infection is about 3.5 times lower, your risk of getting ill from COVID is over 8 times lower, and your risk of hospitalization or death is about 25 times lower.

Getting a
COVID-19
vaccine can
protect you
from severe
illness from
COVID-19.

 Pregnant and recently pregnant people are more likely to get severely ill with COVID-19 compared with non-pregnant people. Getting a COVID-19 vaccine can protect you from severe illness from COVID-19. For more information, click here.



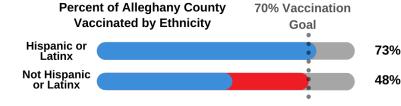
COVID-19 Alleghany County Vaccination Updates

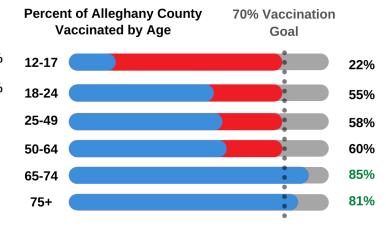
County-specific race, ethnicity and age data are from the <u>NCDHHS COVID-19 Vaccination Dashboard</u>, - (All vaccine demographic data are current as of 10/21/2021 at 4:00pm.).

	Percent of Population by Race Fully or Partially Vaccinated				
American Indian or Alaskan Native	0%				
Asian	0%				
Black or African American	0%				
Native Hawaiian or Other Pacific Islander	0%				
Other	24%				
White	43%				

7,759

Vaccines Administered by AppHealthCare in Alleghany County





North Carolina COVID-19 Updates

North Carolina State Synopsis

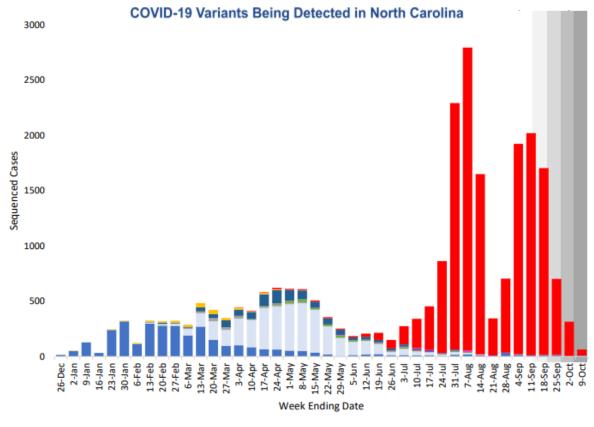
Data is from <u>COVID-19 State Profile Report</u>, provided by White House COVID-19 Team, Joint Coordination Cell, Data Strategy and Execution Workgroup - (All data is current as of 10/15/2021)

	L
RATE OF NEW COVID-19 CASES PER 100,000	
NUCLEIC ACID AMPLIFICATION TEST (NAAT) POSITIVITY RATE	
NEW CONFIRMED COVID-19 HOSPITAL ADMISSIONS / 100 BEDS	
RATE OF NEW COVID-19 DEATHS PER 100,000	
COMMUNITY TRANSMISSION LEVEL	
PEOPLE RECEIVED AT LEAST 1 DOSE	6,49
PEOPLE 18+ RECEIVED AT LEAST 1 DOSE	6,08
PEOPLE FULLY VACCINATED	5,40
PEOPLE 18+ FULLY VACCINATED	5,07

LAST WEEK	CHANGE FROM PREVIOUS WEEK		
217	-12%		
6.9%	-1.2%		
6.0	-22%		
3.7	-21%		
HIGH TRAN	ISMISSION		
6,494,826 people	61.9% of total pop.		
6,081,847 people	74.3% of 18+ pop.		
5,409,835 people	51.6% of total pop.		
5,078,312 people	62.0% of 18+ pop.		

COVID-19 Variants Detected in North Carolina by Week

Data is from North Carolina Department of Health and Human Services' COVID-19 Surveillance Study. (Data is current as of 10/21/2021 at 4:00pm)



■Other ■Alpha ■Beta ■Gamma ■Zeta ■Eta ■Mu ■lota ■Epsilon ■Lambda ■Delta

The Delta variant was first detected in the United States in March 2021. This variant seems to spread more easily and quickly than other variants, which may lead to more cases of COVID-19. The best way to protect yourself is by getting a COVID-19 Vaccination.

Regional COVID-19 Hospitalization Data

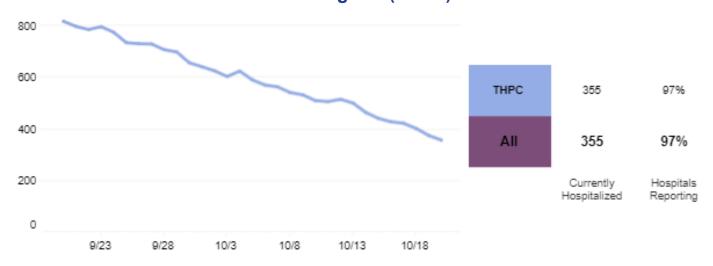
The hospitalization data reflected includes Watauga County. All hospitalization data is from North Carolina Department of Health and Human Services' Hospitalization Data Dashboard. (All data is current as of 10/21/2021 at 2:00 pm)



CapRAC - Capital Region Healthcare Preparedness Coalition DHPC - Duke Healthcare Preparedness Coalition EHPC - Eastern Healthcare Preparedness Coalition MAHPC - Mountain Area Healthcare Preparedness Coalition MCRHC - Mid Carolina Regional Healthcare Coalition MHPC - Metrolina Healthcare Preparedness Coalition

SHPR - Southeastern Healthcare Preparedness Region **THPC** - Triad Healthcare Preparedness Coalition

Currently Hospitalized COVID-19 Patients in Triad Health Preparedness Coalition Region* (THPC)



Number of COVID-19 Adult ICU Patients in Triad Health Preparedness Coalition Region* (THPC)



COVID-19 Alleghany County Case Updates

Cases to Date in App District (Alleghany, Ashe, and Watauga counties). (All data is current as of 10/21/2021 at 9:00 am- Cumulative case counts may decrease or fluctuate due to ongoing reconciliation of data sets and elimination of duplicate data.)



Aug 28

Sept 4

Sept 11

Sept 18

Date

Sept 25

Oct 2

9

Oct 16









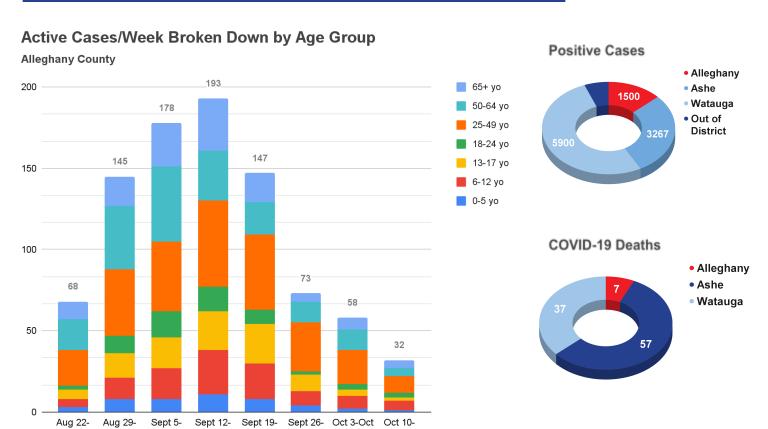
*At-Home tests, while they provide valuable information regarding COVID status and potential spread, are reportable to NCDHHS as suspected cases and are thus not included in our cases to date.

A breakthrough case is when someone who is fully vaccinated becomes infected. **Breakthrough cases occur** in only a small proportion of vaccinated people and the vast majority are avoiding serious illness, hospitalization, or death.

If you have COVID-19 symptoms or have been exposed to someone with COVID-19 (regardless of whether or not you have symptoms), we recommend you be tested.

AppHealthCare offers free walk-in testing. Refer to our <u>website</u> for more information and FAQs regarding getting tested for COVID-19.





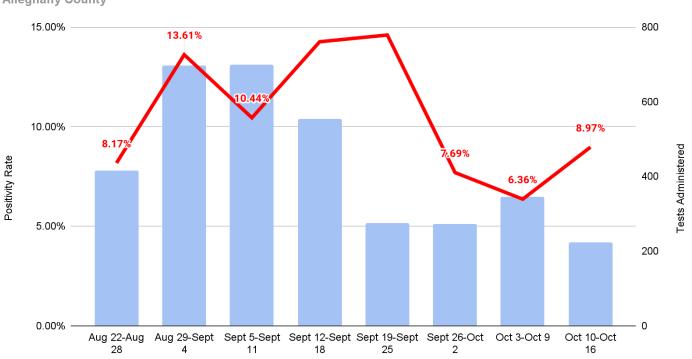
Alleghany County COVID-19 Case Trends

Changes since the Alleghany County October 15th Situation Update:



Tests Administered Vs Positivity Rate





Active Clusters and Outbreaks in Alleghany County

An outbreak is defined as two or more laboratory confirmed cases within a 14 day period in a congregate living setting. A cluster is defined as a minimum of five cases within a 14-day period and plausible epidemiologic linkage between cases. An outbreak or cluster is considered active until 28 days have passed with no newly identified cases. Additional information on the <u>definitions of outbreaks and clusters</u> is provided by the North Carolina Department of Health & Human Services.

	County	Setting Name	Setting Type	Active Cases	Cumulative Cases	Latest Positive Result
*There are no active clusters/outbreaks in Alleghany county at this time.						

(Cluster and outbreak data is current as of 10/21/2021 at 9am)

Alleghany (336) 372-5641 | Ashe (336) 246-9449 | Watauga (828) 264-4995 AppHealthCare COVID-19 Message Line: (828) 795-1970

General COVID-19 Questions: preparedness@apphealth.com

Media inquiries: media@apphealth.com

www.AppHealthCare.com and follow us on Facebook & Twitter

