



AppHealthCare
Caring for our Community

BRINGING
SUMMER
BACK

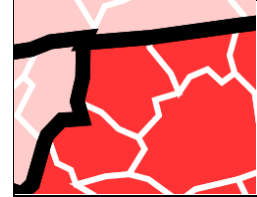
Ashe COVID-19 Situation Update

September 17th, 2021

COVID-19 Updates

- In areas with substantial and high transmission, the CDC recommends that everyone (including fully vaccinated individuals) wear a mask in public indoor settings to help prevent the spread of the Delta variant, and to protect others.

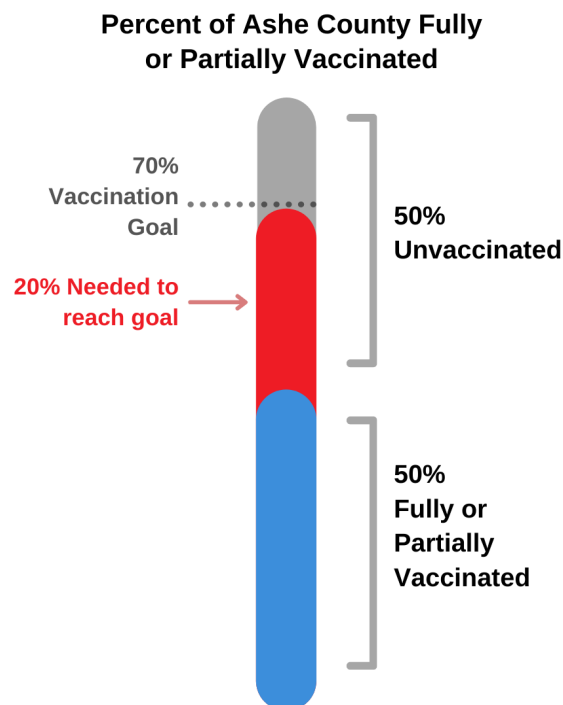
- [According to the Centers for Disease Control and Prevention](#), Ashe County has a **HIGH** level of community transmission (right). [Click here for North Carolina Department of Health and Human Services' County Alert System](#).



- AppHealthCare offers COVID-19 testing by drive-thru **Monday through Friday 8:30-10:00am** at each of our clinic locations. No appointment is needed.
- Based on CDC guidance, at this time, we are able to administer an additional dose of Pfizer or Moderna for individuals who are moderately to severely immunocompromised as recommended by the CDC. This is for individuals who have already received a 1st and 2nd dose of Pfizer or Moderna and who have a moderately or severely compromised immune system such as individuals who are undergoing cancer treatment, have had an organ transplant, are actively taking medications that suppress their immune system, have advanced or untreated HIV infection, or have another moderate or severe primary immunodeficiency condition. **Before receiving an additional dose, individuals will need to complete an attestation form stating they are eligible under the current criteria.**
- We have both mRNA vaccines (Pfizer and Moderna) available at this time. The scientific panel advising the FDA met today, September 17th, and after review of recommendations for booster vaccines has recommended emergency use authorization for Pfizer boosters for people 65 years or older and those at high risk of severe COVID-19. The Advisory Committee on Immunization Practices (ACIP) will meet next week to review the recommendation. Until we receive clinical guidelines from the CDC and ACIP, we will not be authorized to give booster doses. We will continue to watch for additional guidance from the FDA, CDC, and Advisory Committee on Immunization Practices (ACIP). Based on the data available, we will continue planning so we are prepared for future direction and announcements. We will communicate additional information as it is made available to us. Thank you for being patient as we learn more in the coming days and weeks. For more information about booster doses, please visit the [CDC's website](#).

Get Vaccinated to Protect Yourself Against COVID-19 and Variants

- AppHealthCare offers COVID-19 vaccines by walk-in or appointment Monday through Friday. **Walk-in hours for vaccines are 1:00-4:00pm.** If you choose to walk-in for a vaccine, you may have to wait. In order to lessen your wait time, please schedule an appointment. To schedule an appointment, call (828) 795-1970.
- Get vaccinated to protect yourself against COVID-19 and variants. With the Delta variant, this is more urgent than ever. The highest spread of cases and severe outcomes is happening in places with low vaccination rates.
- The vaccines are working like they should. They are helping prevent severe illness, hospitalization and death.
- If you get vaccinated, your risk of infection is about **3.5 times lower**, your risk of getting ill from COVID is over **8 times lower**, and your risk of hospitalization or death is about **25 times lower**.



New CDC Data: COVID-19 Vaccination Safe and Strongly Encouraged for People Who are Pregnant and Breastfeeding

Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.



COVID-19 vaccination is recommended for those who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future. Pregnant and recently pregnant people are more likely to get severely ill with COVID-19 compared with non-pregnant people. Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.

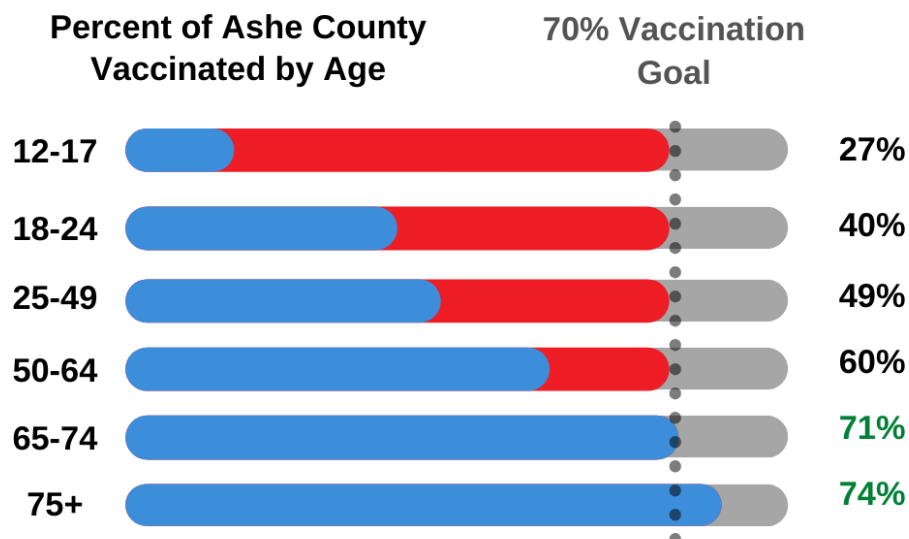
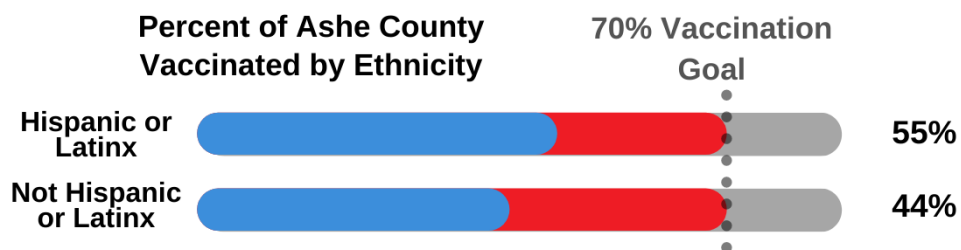
Clinicians have seen the number of pregnant people infected with COVID-19 rise in the past several weeks. The increased circulation of the highly contagious Delta variant, the low vaccine uptake among pregnant people, and the increased risk of severe illness and pregnancy complications related to COVID-19 infection among pregnant people **make vaccination for this population more urgent than ever.**

COVID-19 Ashe County Vaccination Updates

County-specific race, ethnicity and age data are from the [NCDHHS COVID-19 Vaccination Dashboard](#),
 - (All vaccine demographic data are current as of 9/16/2021 at 4:00pm).

Percent of Population by Race Fully or Partially Vaccinated	
American Indian or Alaskan Native	0%
Asian	0%
Black or African American	0%
Native Hawaiian or Other Pacific Islander	0%
Other	31%
White	45%

13,453
 Vaccines Administered by
 AppHealthCare in Ashe County
 as of 09/16/2021.



North Carolina COVID-19 Updates

North Carolina State Synopsis

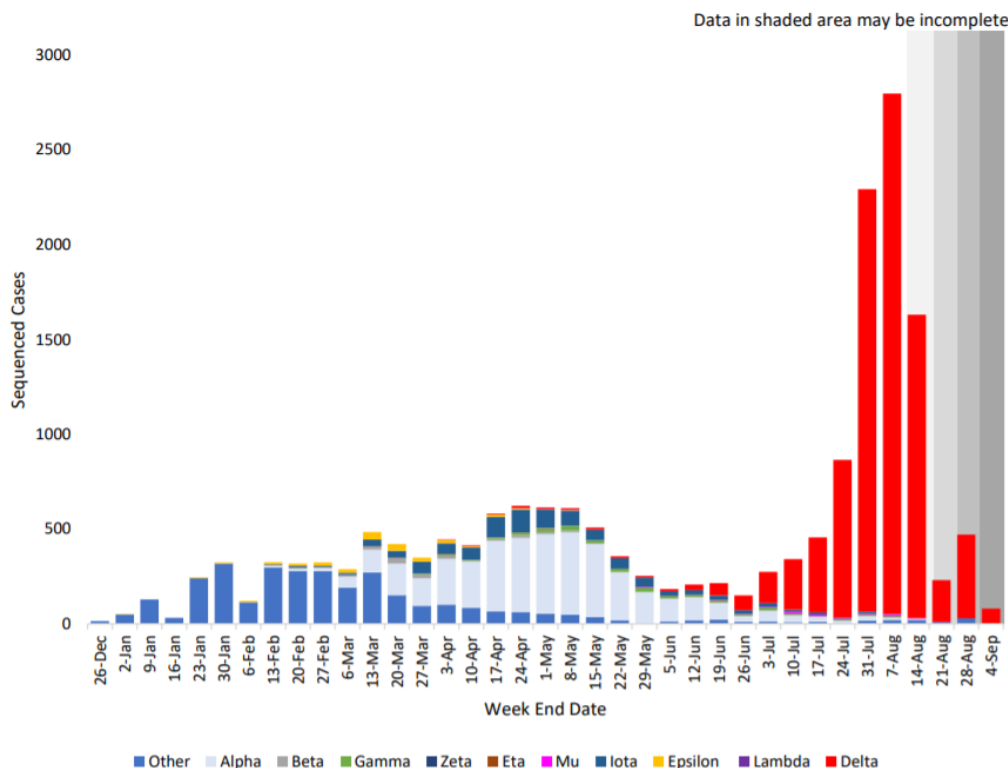
Data is from [COVID-19 State Profile Report](#), provided by White House COVID-19 Team, Joint Coordination Cell, Data Strategy and Execution Workgroup - (All data is current as of 9/10/2021)

	LAST WEEK	CHANGE FROM PREVIOUS WEEK
RATE OF NEW COVID-19 CASES PER 100,000	255	-44%
NUCLEIC ACID AMPLIFICATION TEST (NAAT) POSITIVITY RATE	12.4%	-0.7%
NEW CONFIRMED COVID-19 HOSPITAL ADMISSIONS / 100 BEDS	10.2	-18%
RATE OF NEW COVID-19 DEATHS PER 100,000	1.9	-33%
COMMUNITY TRANSMISSION LEVEL	HIGH TRANSMISSION	
PEOPLE RECEIVED AT LEAST 1 DOSE	6,000,017 people	57.2% of total pop.
PEOPLE 18+ RECEIVED AT LEAST 1 DOSE	5,620,516 people	68.6% of 18+ pop.
PEOPLE FULLY VACCINATED	4,990,884 people	47.6% of total pop.
PEOPLE 18+ FULLY VACCINATED	4,705,555 people	57.5% of 18+ pop.

COVID-19 Variants Detected in North Carolina by Week

Data is from [North Carolina Department of Health and Human Services' COVID-19 Surveillance Study](#). (Data is current as of 9/16/2021 at 4:00pm)

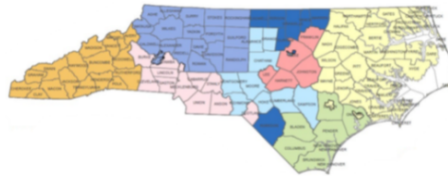
COVID-19 Variants Being Detected in North Carolina



The Delta variant was first detected in the United States in March 2021. This variant seems to spread more easily and quickly than other variants, which may lead to more cases of COVID-19. The best way to protect yourself is by getting a COVID-19 Vaccination.

Regional COVID-19 Hospitalization Data

The hospitalization data reflected includes Watauga County. All hospitalization data is from [North Carolina Department of Health and Human Services' Hospitalization Data Dashboard](#). The trend of hospitalizations regionally and statewide shows a steep, rapid increase. *(All data is current as of 9/16/2021 at 2:00 pm)*



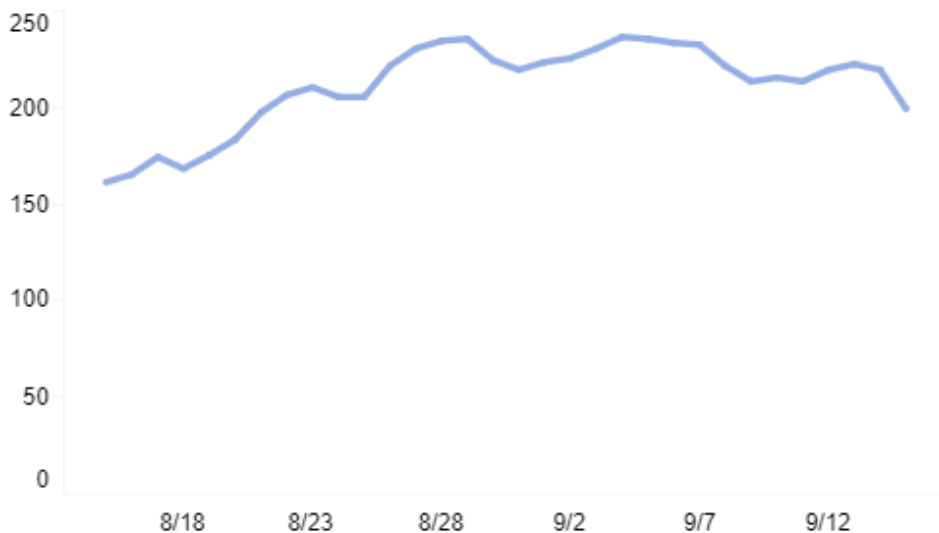
CapRAC - Capital Region Healthcare Preparedness Coalition
 DHPC - Duke Healthcare Preparedness Coalition
 EHPC - Eastern Healthcare Preparedness Coalition
 MAHPC - Mountain Area Healthcare Preparedness Coalition
 MCRHC - Mid Carolina Regional Healthcare Coalition
 MHPC - Metrolina Healthcare Preparedness Coalition
 SHPR - Southeastern Healthcare Preparedness Region
 THPC - Triad Healthcare Preparedness Coalition

Currently Hospitalized COVID-19 Patients in Triad Health Preparedness Coalition Region* (THPC)



THPC	848	97%
All	848	97%
		Currently Hospitalized
		Hospitals Reporting

Number of COVID-19 Adult ICU Patients in Triad Health Preparedness Coalition Region* (THPC)

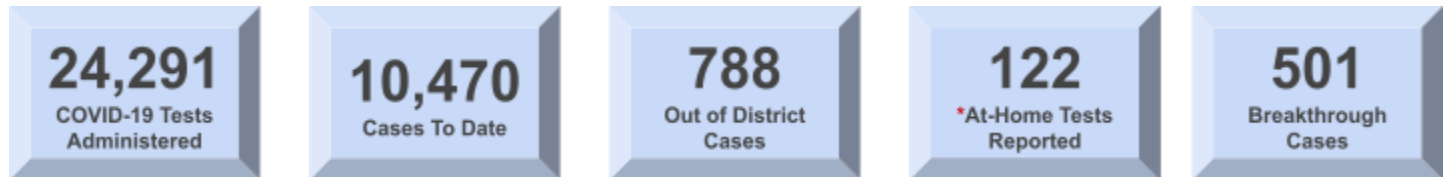


● Adult ICU Patients
 ○ Confirmed Patients Admitted - 24 hours

199
 Adult ICU COVID-19 Patients

COVID-19 Case Updates

Cases to Date in App District (Alleghany, Ashe, and Watauga counties). (All data is current as of 9/17/2021 at 9 am)



*At-Home tests, while they provide valuable information regarding COVID status and potential spread, are not currently reportable to NCDHHS and are thus not included in our cases to date.

A breakthrough case is when someone who is fully vaccinated becomes infected. **Breakthrough cases occur in only a small proportion of vaccinated people and the vast majority are avoiding serious illness, hospitalization, or death.**

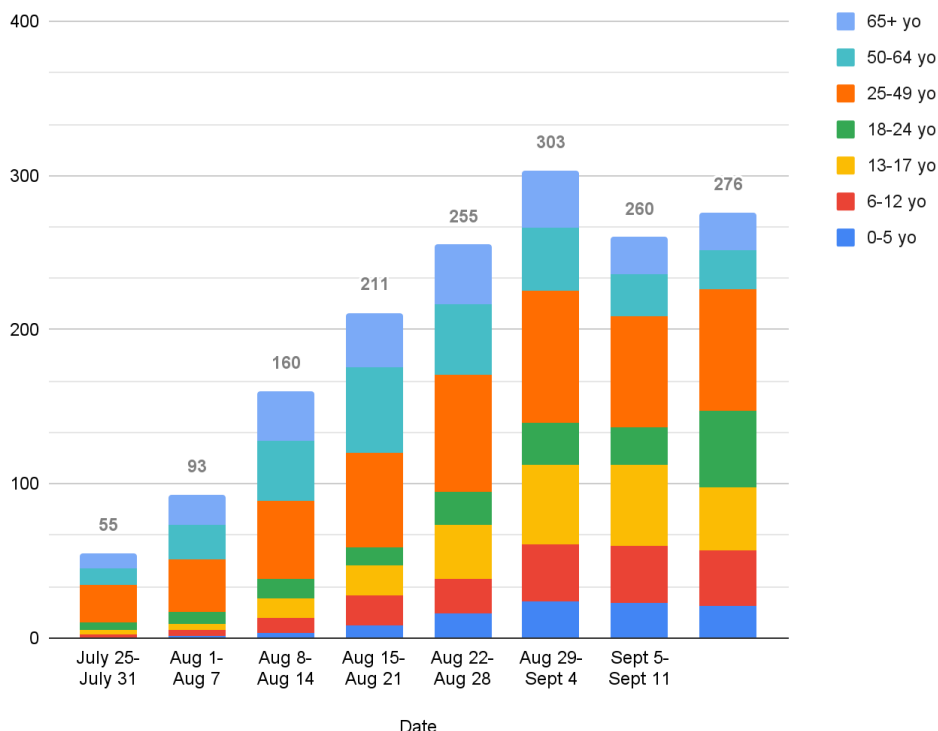
If you have COVID-19 symptoms or have been exposed to someone with COVID-19 (regardless of whether or not you have symptoms), we recommend you be tested.

AppHealthCare offers free walk-in testing. Refer to our [website](#) for more information and FAQs regarding getting tested for COVID-19.

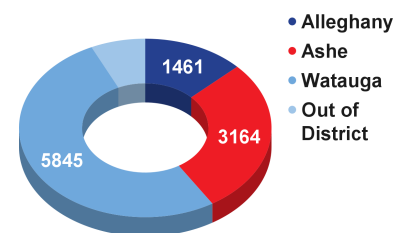


Active Cases/Week Broken Down by Age Group

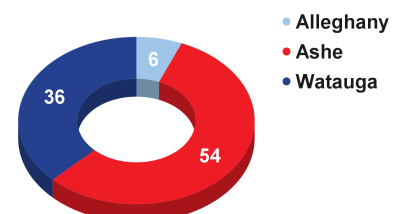
Ashe County



Positive Cases



COVID-19 Deaths



[Click here to view COVID-19 case and trend distribution by demographic groups for Alleghany, Ashe, and Watauga counties.](#)

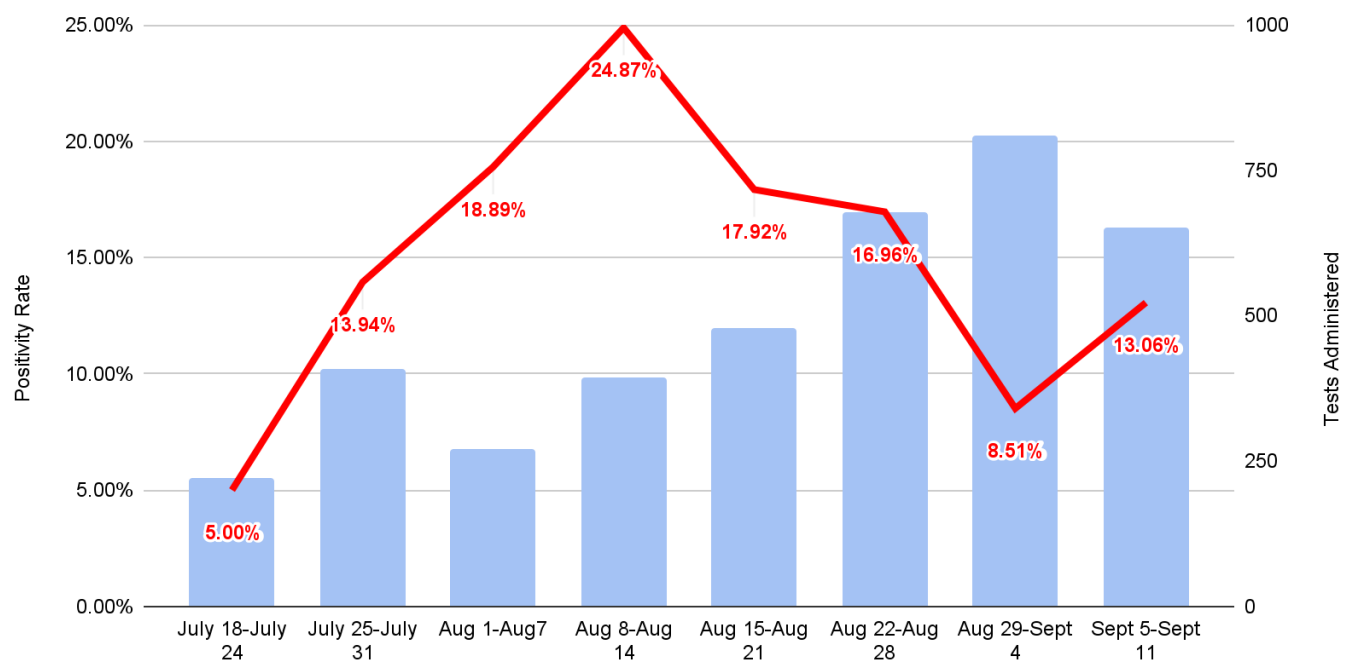
Ashe County COVID-19 Case Trends

Changes since the Ashe County September 10th Situation Update:



Tests Administered Vs Positivity Rate

Ashe County



Active Clusters and Outbreaks in Ashe County

An outbreak is defined as two or more laboratory confirmed cases within a 14 day period in a congregate living setting. A cluster is defined as a minimum of five cases within a 14-day period and plausible epidemiologic linkage between cases. An outbreak or cluster is considered active until 28 days have passed with no newly identified cases. Additional information on the [definitions of outbreaks and clusters](#) is provided by the North Carolina Department of Health & Human Services.

County	Setting Name	Setting Type	Active Cases	Cumulative Cases	Latest Positive Result
Ashe	Ashe County High School Football	School Sports	0	8	8/24/2021
Ashe	Margate Health and Rehab Center	Long Term Care Facility	4	6	9/9/2021

(Cluster and outbreak data is current as of 9/15/2021 at 9am)

Alleghany (336) 372-5641 | Ashe (336) 246-9449 | Watauga (828) 264-4995

AppHealthCare COVID-19 Message Line: (828) 795-1970

General COVID-19 Questions: preparedness@apphealth.com

Media inquiries: media@apphealth.com

www.AppHealthCare.com and follow us on Facebook & Twitter

